

**MENU FOR THE MONTH APRIL 2017 LAS VEGAS (505)425-9139 PECOS (505)757-3000**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>3 MENU 104</b>	<b>4 MENU 33</b>	<b>5 MENU 409</b>	<b>6</b>	<b>7</b>
5 oz. Lasagna 6 OZ. Garden Salad w/dressing 4 oz. Mixed Vegetables Garlic Bread 4 oz. Yogurt	3 oz. Baked Ham 4 oz. Stuffing 4 oz. Green Beans Dinner Roll 4 oz. Fruit Cobbler	Frito Pie (Corn Chip Pie) (2 oz. ea. beef & beans, 1 oz. Chile & cheese) 4 oz. Seasoned Spinach 4 oz. Diabetic Friendly Cup Cakes	3 oz. BBQ Chicken 1 Au Gratin Potatoes 4 oz. Green Beans 1 Whole Wheat Roll 4 oz. Pears	Tuna Salad on WW Bread 4 oz. Cucumber/Tomato Salad Potato Chips 4 oz. Mixed Fruit
<b>10</b>	<b>11 MENU</b>	<b>12 MENU 128</b>	<b>13 MENU 508a</b>	<b>14 GOOD FRIDAY</b>
3 oz. Salisbury Steak w/2T Low Sodium Gravy, 4 oz. White Rice 1 cup Sliced Carrots 1 Whole Wheat Roll 4 oz. Applesauce	6 oz. Fideos (Spaghetti) w/ Meat Sauce 6 oz. Tossed Salad 4 oz. Blend Vegetables Dinner roll Yogurt	Philly Steak & Cheese on a WW Roll 4 oz. Baked Fries 4 oz. Cole Slaw 4 oz. Fruit	Posole' w/ 3 oz. Cubed Pork Red Chile Sauce 4 oz. Calabacitas 1 Tortilla 4 oz. Mandarin Oranges	<b>CENTER CLOSED AT 12 NOON COOK'S CHOICE</b> <small>LV BREAKFAST 8:00 AM TO 9:00 AM LUNCH SERVED 10-11:30 AM</small>
<b>17 MENU 144</b>	<b>18 MENU 511</b>	<b>19 MENU 214</b>	<b>20 MENU 120</b>	<b>21</b>
Green Chile Cheeseburger 4 oz. Pork & Beans 4 oz. Corn 4 oz. Yogurt	3 oz. Baked Pork Roast 4 oz. Mashed Potatoes 2 oz. Gravy 4 oz. Mixed Vegetables Dinner Rolls 4 oz. Peaches	Green Chile Chicken Enchiladas (2oz. Chicken, 2T Green Chile, 1 Corn Tortilla) 4 oz. Pinto Beans 4 oz. Spanish Rice 4 oz. Fruit Cocktail	3 oz. Chicken Fried Steak (Beef) 4 oz. Mashed Potatoes w/ 2T Gravy 4 oz. California Blend Vegetables Dinner Roll 4 oz. Pudding	Chicken Salad Sandwich 4 oz. Macaroni Salad 1 oz. Baked Potato Chips 4 oz. Pears
<b>24 MENU 148</b>	<b>25 MENU</b>	<b>26 MENU 220</b>	<b>27 MENU 508</b>	<b>28 MENU 425</b>
3 oz. Beef Tips over 8 oz. Egg Noodles 4 oz. Steamed Cauliflower 4 oz. Garden Salad w/ 2T Dressing Whole Wheat Roll 4 oz. Fruit Cocktail	Beef & Cheese Enchilada w/ Red Chile 4 oz. Pinto Beans 4 oz. Spanish Rice 4 oz. Lemon Pudding	3 oz. Baked Chicken 4 oz. Baked Beans 4 oz. Potato Salad Dinner Roll Fresh Fruit	Green Chile Beef Stew (3 oz. Grnd Beef, 1 oz. Green Chile, 2 oz. Veggies, 2 oz. Potatoes) 4 oz. Tossed Salad w/2T low fat Dressing, 1 Tortilla, 4 oz. Peach Cobbler	Sloppy Joe (3oz ground beef, 1oz. bell pepper, onion & tomato sauce) on Bun 4oz. Tater Tots 4oz. Green Beans 4oz. Jell-O
		<b>DUE TO UNFORSEEN CIRCUMSTANCES MENU IS SUBJECT TO CHANGE</b>	<b>8 oz. 2% Milk Served with all Meals</b>	

**Breakfast 8am – 10 am**




**Lunch 11 am – 1 pm**

**Monday through Friday**

**Senior Meal Suggested Donation: Breakfast \$1.00 – Lunch \$1.50**

**Non-Senior (59 years or younger) Mandatory Meal Fee: Breakfast \$9.41 – Lunch \$9.41**

**MENU FOR THE MONTH OF APRIL 2017 - LAS VEGAS (505)425-9139 PECOS (505)757-3000**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MILK SERVED WITH EVERY MEAL</b>	<b>DUE TO UNFORSEEN CIRCUMSTANCES MENU IS SUBJECT TO CHANGE</b>			
3	4	5	6	7
POTATO & EGG BURRITO W/CHEESE 4 OZ. SALSA	1 CUP CEREAL ½ BAGEL W/ 2T CREAM CHEESE	2 PANCAKES & SAUSAGE 4 OZ YOGURT 1 ORANGE	2 OZ, PEANUT BUTTER, 1 TSP JELLY ON ½ SLICE TOAST 4 OZ CEREAL	SCRAMBLED EGG, CHEESE, RED CHILE POTATO
10	11	12	13	14
1 SCRAMBLED EGG 1 OZ CHEESE 1 SLICE BACON 1 ½ TORTILLA	BAGEL 2 OZ CHEESE 6 OZ CEREAL	1 HARD BOILED EGG CHEESE STICK ½ ENGLISH MUFFIN 1 TSP JELLY	6 OZ OATMEAL 2 OZ DICED HAM ½ ENGLISH MUFFIN	<b>CENTER CLOSED AT 12 NOON</b> 1 CUP CEREAL ½ ENGLISH MUFFIN W/ 2T PEANUT BUTTER
17	18	19	20	21
3 OZ SCRAMBLED EGG 1 TORTILLA 4 OZ YOGURT 2T PEANUT BUTTER	SCRAMBLED EGG, CHEESE, RED CHILE POTATO	BACON BURRITO W/ EGG, BACON & CHEESE ON TORTILLA	SAUSAGE, SALSA HASHBROWNS TOAST JELLY	2 PANCAKES & SAUSAGE 4 OZ YOGURT 1 ORANGE
24	25	26	27	28
SCRAMBLED EGG, CHEESE, RED CHILE POTATO	SAUSAGE BURRITO (1 OZ SAUSAGE, 1 EGG ON TORTILLA) 4 OZ SALSA	2 BOILED EGGS 1 ORANGE 4 OZ YOGURT BRAN MUFFIN	SCRAMBLED EGG W/ 4 OZ POTATOES SPRINKLED W/ CHEESE ½ ENGLISH MUFFIN	POTATO & EGG BURRITO W/ CHEESE SALSA

**Breakfast 8am - 10 am**

**Lunch is at 11 am - 1 pm**

**Monday through Friday**

**Senior Meal Suggestion Donation: Breakfast \$1.00 - Lunch \$1.50**

**Non-Senior (59 years or younger) Mandatory Meal Fee: Breakfast \$9.41 - Lunch \$9.41**